

## CLEAN C

### INDICATIONS

**CLEAN C** nasal wash, from the IN-NOSE line, is a medical device based on hypertonic solution with Vitamin C glucoside and Tween 80, at physiological pH, preservatives free, with high biocompatibility, in 5 mL single-dose vials.

**CLEAN C** is indicated for the hygiene and cleaning of the nasal cavities. It can be used as an adjuvant in the treatment of upper respiratory tract diseases, as it frees and cleans the nose, performing a useful action to counteract sinusitis and rhinitis, even of an allergic nature. It protects the nasal mucosa from alterations caused by external agents such as smoke, smog, dry air, pollen, allergens, germs and bacteria. It is indicated as a decongestant of the nasal cavities to free the stuffy nose.

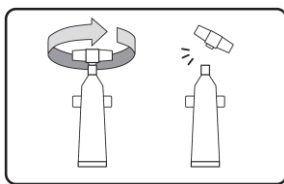
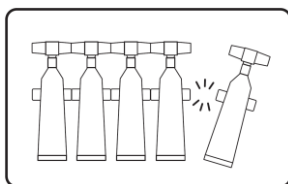
The antioxidant action of Vitamin C glucoside protects the nasal mucosa from oxidative and inflammatory damage caused by external agents such as bacteria, pathogens, viruses and allergens. Tween 80 performs a cleaning action for the mucosa, diluting and mechanically removing the bacterial biofilm layer, restoring the mucociliary clearance. The hypertonicity of the solution, thanks to the transport of water induced by the osmotic pressure, decongests the mucosa and fluidifies and softens the exceeding mucus, promoting the removal of trapped impurities.

### CLEAN C:

- offers relief from nasal congestion (stuffy nose);
- helps prevent the development of infections thanks to the antioxidant and cleansing action;
- gives an immediate sensation of freshness and relief;
- offers a cleansing of the nasal mucosa from daily impurities.

### INSTRUCTION FOR USE

1. Blow the nose, before performing the washing;
2. Separate the single-dose vial from the strip;
3. Shake gently the single-dose vial before the use;
4. Twist and break the cap of the vial;
5. Recline your head to one side, gently insert the end of the vial into one nostril and close the other nostril with your finger. Instill the solution by squeezing the vial and inhale simultaneously;
6. Massage the outer side of the nostril;



7. Repeat the same operation for the other nostril as well;
8. The use of the vial in the upside-down position eases the spill of the solution;
9. The solution can also be dispensed, following the same method of use, using nebulising accessories consisting of a syringe and nebulizer. In this case, it is recommended to follow the directions of the accessory.

### FREQUENCY OF USE

1-2 vials per nostril, two or three times a day or according to the doctor's opinion.

## COMPOSITION

Sodium Chloride 2%, Ascorbyl Glucoside, Tween 80, Sodium phosphate monobasic monohydrate, Sodium phosphate dibasic dihydrate, purified water.

## PACKAGING

The box is composed of 4 strips of 5 single-dose vials. Every single-dose vial is filled at 5 ml.

## WARNINGS

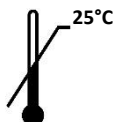
- ✓ The product is for nasal use only, do not ingest or use otherwise than the indication of use;
- ✓ Consult your doctor for pediatric use and for use during pregnancy and lactation;
- ✓ Clean your hands carefully before using the device;
- ✓ Do not use the product in case of known incompatibility to even one single component of the formulation;
- ✓ In case of adverse reactions during use, immediately suspend the treatment and consult a doctor;
- ✓ The administration of nasal medication concurrently with the nasal wash solution should be carried out under the supervision of a doctor who can evaluate the possible interactions;
- ✓ Keep out of the reach of children;
- ✓ Do not use the product after the expiration date indicated on the package;
- ✓ Once the vial is open immediately drop out the content and do not reuse the remaining solution;
- ✓ Keep unused vials inside the box;
- ✓ In the event of any serious claims or incidents concerning the device, it should be reported the incident to the manufacturer and the competent authority of the Member State in which the user is established, to provide more information on the safety of this medical device;

## VALIDITY

36 months with the package intact.



: Enable Innovations S.r.l. - Via Claudio Tolomeo n°20/4; 41012 Carpi (MO), Italy



## Optional information:



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